

## Heart's Desire Workshop - A Magical Journey



What a refreshing and exciting way to start the New Year. Please join me for this workshop which is designed to follow the teachings of Sonia Choquette.

Sonia is a world-renowned author, storyteller, vibrational healer, and six sensory spiritual teacher in international demand for her guidance, wisdom, and capacity to heal the soul. Her books have sold over a million copies worldwide.

The book we will follow is called "Your Heart's Desire - Instructions for Creating the Life You Really Want." There are nine principles. We will have nine meetings and together we will explore and implement the principles as designed by Sonia Choquette in her book.

These workshops will be held on Saturday afternoons from 1:00pm - 3:00pm. at my home in Highland Park. Please feel free to contact me for more information. My phone # is 847-274-8696, my e-mail is [Sheree@thelifecoach1.com](mailto:Sheree@thelifecoach1.com).